

## Entrée Descriptions

**Sole stuffed with Crab & Scallops** - Sole fillet stuffed with crabmeat & chopped scallops baked & served with lemon dill sauce

**Teriyaki Chicken Wings** - Chicken wings marinated in teriyaki sauce

**Chicken Chimichanga** - Shredded chicken, jack & cheddar cheese rolled in a flour tortilla, fried & topped with enchilada sauce, cheese & green onions, served with salsa & sour cream

**Sauteed Basa Provençale** - Sauteed Basa finished with tomato, onion, garlic, white wine & olives

**Orange Chicken** - Tempura chicken tossed in Asian orange sauce, served with jasmine rice & eggroll

**Swedish Meatballs** - Seasoned meatballs braised in a sour cream & mushroom sauce, served over buttered noodles

**Meatloaf** - Seasoned ground beef seasoned, formed, and baked, served with mushroom gravy

**Grilled Ham Steak & Rum Raisin Sauce** - Ham steak grilled & served with rum raisin sauce

**Fish & Chips** - Battered cod fried & served with coleslaw, fries & tartar sauce

**Smoked Pulled Pork** - Slow-smoked pork served with house BBQ sauce

**Spaghetti Meatballs** - Spaghetti topped with meat sauce & meatballs served with garlic bread

**Chicken Piccata** - Chicken breast sauteed with onions, garlic, white wine, and capers

## Side Descriptions

### Jasmine Rice

**Fried Mushrooms** - Battered mushrooms, deep fried

**Peas & Pearl Onions** - Steamed and seasoned

**Vegetable White Rice** - Spanish rice with corn & peas

**Green Bean & Sautéed Red Peppers** - Green beans tossed with sautéed mushrooms

**Corn** - Corn kernels tossed with butter

**Buttered Noodles** - seasoned & buttered

**Cauliflower** - Steamed and served with cheese sauce

**Steamed Cabbage** - Steamed & seasoned cabbage

**Lyonaise Potatoes** - Sliced fried potatoes with sautéed onions

**Vegetable Medley** - Carrots, red peppers, pearl onions, and green beans

**Sautéed Zucchini** - Seasoned & sautéed

**Roasted Red Potatoes** - Red potatoes tossed in butter, salt, pepper & dill and roasted

**Sautéed Spinach** - Seasoned and sautéed

**Glazed Honey Carrots** - Sautéed with honey, salt, and pepper

**Olive Oil & Parsley Angel Hair Pasta** - Angel hair tossed with olive oil, parsley, and seasoned

**Zucchini & Yellow Squash** - Steamed & seasoned

**Green Beans** - Green beans, buttered and steamed

## Week of December 15th - December 21st

### Soup of the Week

Split Pea & Ham

### Side Salad of the Week

Cottage Cheese & Pear

### Starter Salad of the Week

Baby Greens & Feta Salad

Baby greens, cranberries, almonds & feta

### Entrée Salad of the Week

Trio Salad

Chopped Iceberg lettuce topped with a scoop of tuna, egg, and chicken salad, garnished with fruit & vegetables

### Catch of the Week

Grilled Rainbow Trout with Herbed Butter Compound

### Vegetarian Entrée

Eggplant Parmesan

### Room Service Times to Call:

623-972-3000 ext. 239

9:00am to 10:00am for

10:45am or 2:00pm delivery

1:00pm to 3:00pm for

4:00pm or 6:30pm delivery

### Dining Room Hours:

Breakfast: 7:00am to 10:00am

Lunch: 11:00am to 2:00pm

Dinner: 4:00pm to 6:30pm

Sunday Brunch: 10:00am to 2:00pm

# Weekly Lunch Specials & Soup of the Day

## Weekly Breakfast Special

Red Potatoes, Peppers, Onions, Poached Egg & Chipotle Hollandaise

### **Monday - Moroccan Lentil - Turkey Racheal**

Sliced turkey, Swiss cheese, coleslaw & 1000 Island dressing on grilled rye bread

### **Tuesday - Chicken Enchilada - Cheese Quesadilla**

Shredded cheese, green onions, and tomato melted into a flour tortilla

### **Wednesday - Chicken & Rice - Chicken Caesar Panini Wrap**

Chopped Romaine lettuce, chicken, Caesar dressing, parmesan cheese in a spinach wrap & panini style

### **Thursday - Bean & Bacon - BBQ Beef on a Bun**

Shredded beef, BBQ sauce, sliced pickles & red onion on a grilled bun

### **Friday - Clam Chowder - Open-Faced Tuna Melt**

Tuna salad on an English muffin with grilled tomato & American cheese

### **Saturday - Pasta Fagioli - Sauerkraut Dog**

Grilled hot dog topped with sauerkraut & mustard

## Weekly Desserts

Regular - Fruits of the Forest Pie, Layered Lemon Cake, Chocolate Chip Cookies, Coffee or Vanilla Ice Cream  
NSA - Apple Pie & Vanilla Ice Cream  
Fat Free - Greek Yogurt w/ Granola & Berries

## Monday

Soup - Moroccan Lentil  
Teriyaki Chicken Wings  
Sole Stuffed w/ Crab & Scallops  
Jasmine Rice  
Fried Mushrooms  
Peas & Pearl Onions

## Tuesday

Soup - Chicken Enchilada  
Chicken Chimichanga  
Sautéed Basa Provençale  
Vegetable White Rice  
Green Beans & Sautéed Red Peppers  
Corn

## Wednesday

Soup - Chicken & Rice  
Orange Chicken  
Swedish Meatballs  
Buttered Noodles  
Cauliflower  
Steamed Cabbage

## Thursday

Soup - Bean & Bacon  
Meatloaf  
Grilled Ham Steak & Rum Raisin Sauce  
Lyonaise Potatoes  
Vegetable Medley  
Sautéed Zucchini

## Friday

Soup - Clam Chowder  
Fish & Chips  
Smoked Pull Pork  
Roasted Red Potatoes  
Sautéed Spinach  
Glazed Honey Carrots

## Saturday

Soup - Pasta Fagioli  
Spaghetti & Meatballs  
Chicken Piccata  
Green Beans  
Zucchini & Yellow Squash  
Olive Oil & Parsley Angel Hair Pasta

**Vegetable of the Week** - Steamed Broccoli

## Sunday

**Omelet of the Day** - Bay Shrimp Omelet - Bay shrimp, green onions, dill, and mozzarella cheese served with hash browns  
**Brunch Special** - Sausage, Bacon, Egg & Potato Burrito - diced bacon & sausage, onions, peppers, eggs, tater tots & cheese wrapped in a tortilla, served with salsa  
**Lunch Entrée** - BBQ Baby Back Ribs - baked beans & steamed vegetables, served with soup & House salad