

## Entrée Descriptions

**Coconut Crusted Tilapia** – Tilapia fillet breaded with toasted coconut, panko & served with mango salsa

**Beef Stroganoff** – Strips of beef braised in a sour cream & mushroom demi-glace, served on buttered noodles

**Ground Beef Soft Tacos** – Ground taco meat in 2 flour tortillas, lettuce, tomato & cheese. Served with salsa

**Sausage & Peppers** – Grilled sliced smoked sausage, served with sauteed peppers & onions

**Sweet & Sour Pork** – Diced pork fried and tossed with sweet & sour sauce, served with brown rice & eggroll

**Fried Chicken** – Marinated & breaded chicken deep fried. Choice of white or dark meat

**Shepherd's Pie** – Seasoned Ground beef with carrots, celery, onions, brown sauce & topped with Cheesy Mashed Potatoes

**Baked Cod with Lobster Sauce** – Seasoned Cod topped with lobster sauce

**Spaghetti Bolognese** – Pancetta, garlic & tomato sauce served on a bed of spaghetti. Served with garlic toast

**Herb Grilled Chicken** – Marinated chicken breast, grilled & served with chicken jus

## Side Descriptions

**Buttered Noodles** – Noodles tossed in butter & seasoned

**Dilled Carrots** – Steamed, buttered, and seasoned with dill

**Peas & Pearl Onions** – Green peas mixed with pearl onions

**Southwest Pinto Beans** – Seasoned pinto beans

**Succotash** – Corn, lima beans & bacon

**Grilled Yellow Squash** – Yellow squash seasoned with herbs and grilled

**Brown Rice** – Steamed Brown Rice

**Steamed Cauliflower & Cheese sauce** – Steamed, seasoned, and served with cheese sauce

**Mixed Vegetables** – Broccoli, cauliflower & carrots

**Cheesy Mashed Potatoes** – Potatoes whipped with butter, cheese, and seasoning.

**Braised Red Cabbage** – Seasoned and braised

**Mixed Vegetables** – Steamed and seasoned

**Wild rice pilaf** – Long grain & wild rice with herbs

**Mixed Vegetables** - Carrots, yellow squash & green beans

**Harvest Beets** – Sliced beets in a cinnamon orange glaze



## Week of November 24th—November 30th

### Soup of the Week

Hearty Vegetable

### Side Salad of the Week

Pasta Salad

### Starter Salad of the Week

Romaine lettuce, bleu cheese, and sunflower seeds

### Entrée Salad of the Week

Chinese Chicken Salad

Shredded lettuce, julienne chicken, almonds, tomatoes, fried wontons, and Chinese sesame dressing

### Catch of the Week

Grilled Barramundi with Roasted Red Pepper Coulis

### Vegetarian Entrée

Stir-fried Tofu with Vegetables & Spring Roll

**Room Service Times to Call:**  
623-972-3000 ext. 239

9:00am to 10:00am for  
10:45am or 2:00pm delivery

1:00pm to 3:00pm for  
4:00pm or 6:30pm delivery

**Dining Room Hours:**

**Breakfast: 7:00am to 10:00am**

**Lunch: 11:00am to 2:00pm**

**Dinner: 4:00pm to 6:30pm**

**Sunday Brunch: 10:00am to 2:00pm**



# Weekly Lunch Specials & Soup of the Day

## Weekly Breakfast Special

Eggs Benedict

### **Monday – Loaded Potato – Patty Melt**

Beef Patty, sautéed onions, Swiss & American cheese, Thousand Island dressing on grilled rye bread

### **Tuesday – Black Bean & Chorizo – Shredded Chicken Tostadas**

Corn tortilla, refried beans, shredded chicken, lettuce, cheese & tomato, served with salsa

### **Wednesday – Tomato Florentine – Country Fried Steak Sandwich**

Country fried steak, Dijon mayo, lettuce, tomato & onion on a grilled bun

### **Thursday – Happy Thanksgiving!**

### **Friday - Clam Chowder – Seafood Salad**

Bay Shrimp, Krab, mayo & spices, served with fruit garnish

### **Saturday – Minestrone – Grilled California Burger**

Grilled beef patty, avocado, bacon, Swiss cheese on a grilled bun with lettuce, tomato & onion

## Weekly Desserts

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|-----------|---|
| Regular-  | Chocolate Cake, Coconut Cream Pie, Snickerdoodle Cookies, Chocolate Cherry Chunk or Vanilla Ice Cream |
| NSA-      | Peach Pie or Citrus Jell-O Parfait  |
| Fat Free- | Citrus Jell-O Parfait or Rainbow Sherbet  |

### Monday

Soup – Loaded Potato Soup  
Coconut Crusted Tilapia  
Beef Stroganoff  
Buttered Noodles  
Dilled Carrots  
Peas & Pearl Onions

### Wednesday

Soup – Tomato Florentine  
Sweet & Sour Pork  
Fried Chicken  
Brown Rice  
Mixed Vegetables  
Steamed Cauliflower & Cheese Sauce

### Friday

Soup - Clam Chowder  
Shepherd's Pie  
Baked Cod w/ Lobster Sauce  
Cheesy Mashed Potatoes  
Braised Red Cabbage  
Mixed Vegetables

### Sunday

**Omelet of the Day** – Chorizo, cheese & green chilis

**Brunch Special** – Egg Florentine Bowl – Sautéed diced potatoes topped with spinach, scrambled eggs, and hollandaise sauce

**Lunch Entrée** – Seafood Fettuccine – scallops, shrimp, lobster tossed in alfredo sauce with fettuccine, served with soup & House salad

### Tuesday

Soup – Black Bean & Chorizo  
Ground Beef Tacos  
Sausage & Peppers  
Southwest Pinto Beans  
Succotash  
Grilled Yellow Squash

### Thursday – HAPPY THANKSGIVING



### Saturday

Soup – Minestrone Soup  
Spaghetti Bolognese  
Herb Grilled Chicken  
Wild Rice Pilaf  
Mixed Vegetables  
Harvest Beets

**Vegetable of the Week** – Steamed Broccoli